



INTRODUCING HABILITY

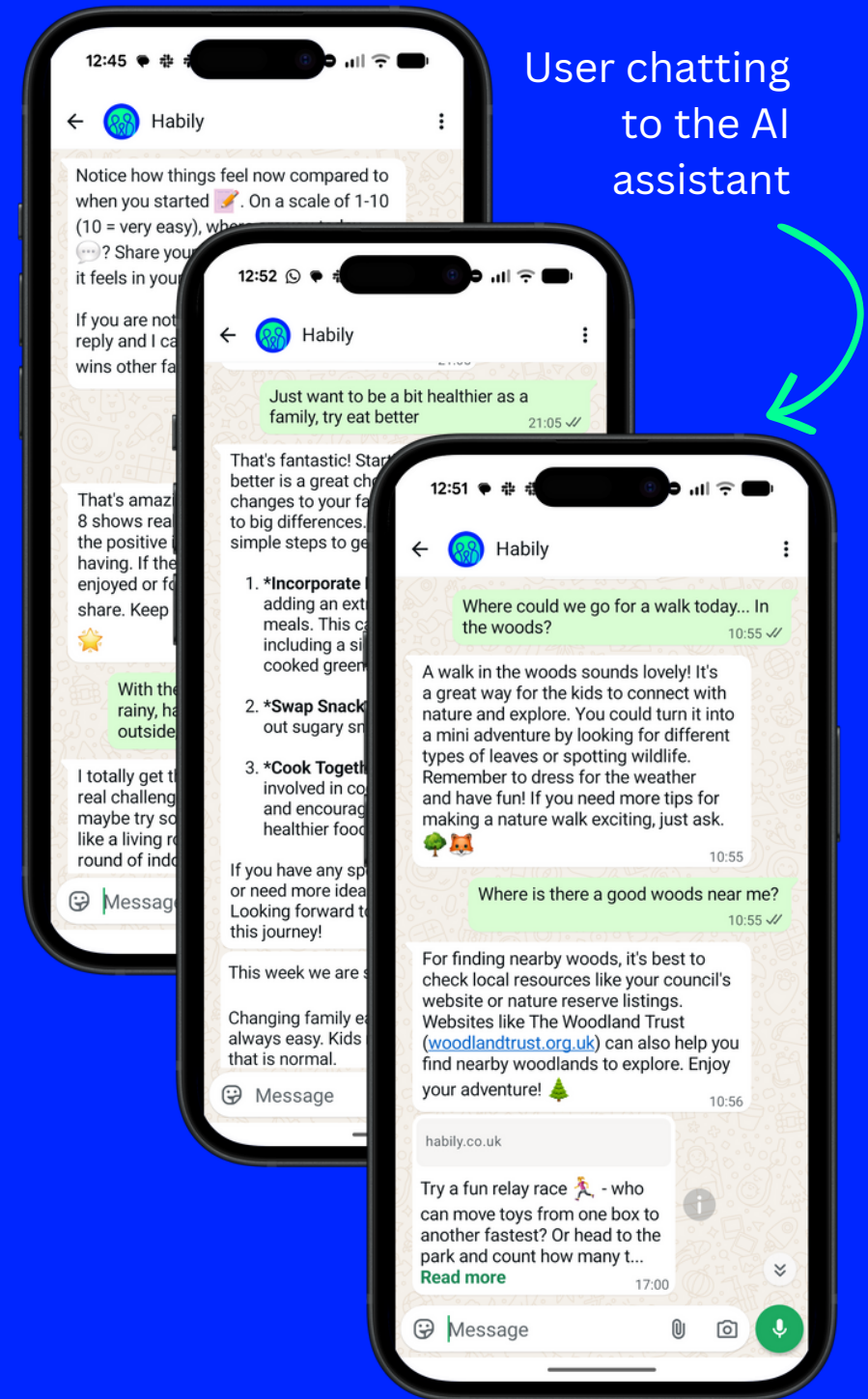
YOUR AI-POWERED HEALTH COACH



HABILY ACTS AS AN EXTENSION OF YOUR TEAM

Seamlessly integrated with your knowledge and processes, Habily provides a supportive, informative experience that guides users through their health journey.

User chatting to the AI assistant



OUR MISSION IS TO SUPPORT HEALTHIER OUTCOMES BY HELPING
PEOPLE NAVIGATE THEIR HEALTH THROUGH CLEAR, ACCESSIBLE
GUIDANCE AND ONGOING SUPPORT.

THE NEED

PROBLEMS WE ARE SOLVING



HARD TO FIND CREDIBLE SOURCES

Navigating through the vast online landscape can be a challenge. It's tricky to find reliable sources in the sea of information available.



RESORTING TO HUMAN ASSISTANCE

Many existing online tools, including live chat assistants, offer limited value and frequently require escalation to human support. Hably reduces this reliance by delivering consistent, human style AI interactions.



EQUITABLE ACCESS FOR ALL

Using the UK's most popular communication service - WhatsApp - we are able to widen access and provide information & advice in any language, 24/7 via voice or text.



SUPPORTING PROACTIVE ADVICE

Hably has an inbuilt ability to proactively message people and reengage them with support to ensure their ongoing needs are met. People can also return to their queries and answers at a later date as required.

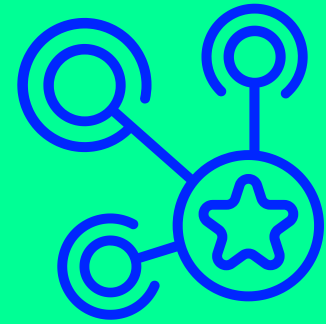


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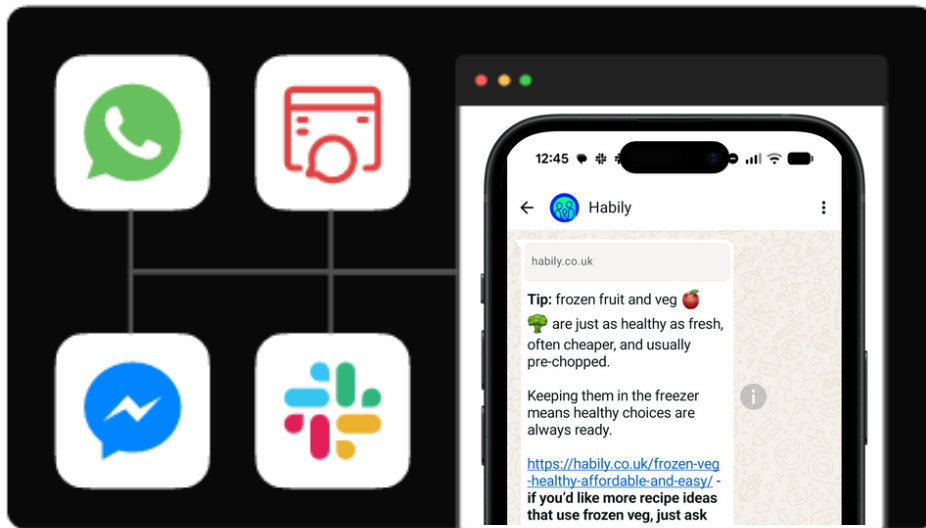
Hability is an AI-powered assistant designed to support healthier lifestyles through personalised, supportive conversations. Built using your organisation's approved guidance and expertise, Hability helps users navigate health goals and everyday challenges. The tool can be tailored to your brand and tone of voice, enabling it to act as a consistent extension of your service. It can be shaped around any health improvement journey.

OUR SOLUTION

KEY FEATURES

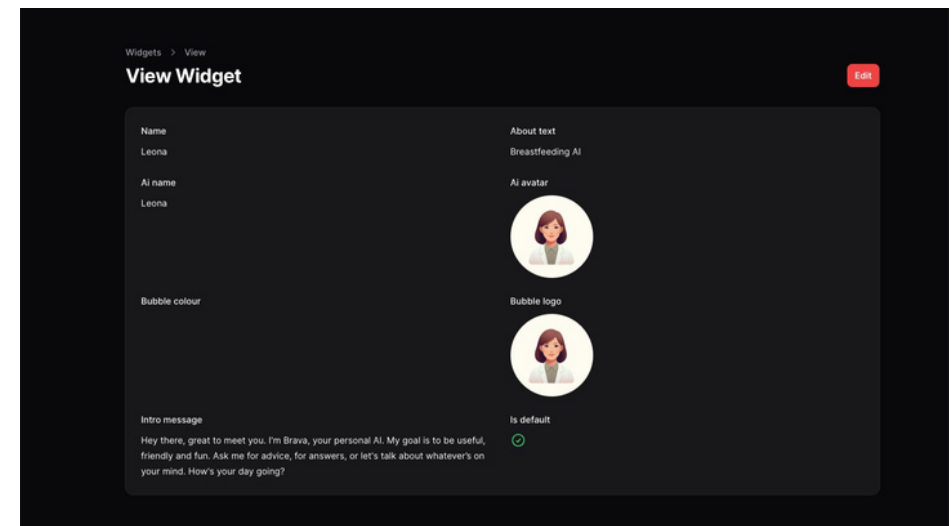


Accessible Tool:



Deliver the power of Habily via a range of platforms & languages, via voice and text, ensuring support levels are accessible for all.

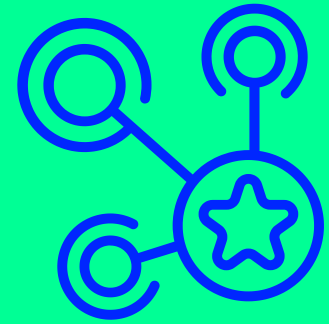
Comprehensive Dashboards:



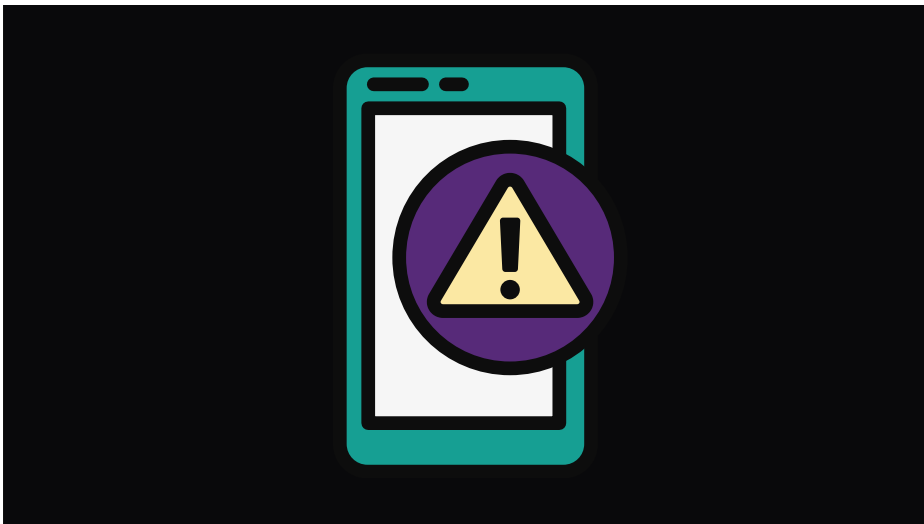
Capturing every conversation, summarising & where appropriate auto-translating all conversations, as well as comprehensive metrics.

OUR SOLUTION

KEY FEATURES



Safeguarding:



Active multilingual monitoring layer to capture any conversations that may raise safeguarding issues, and proactive internal alerts.

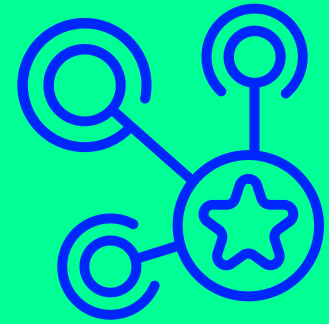
Comprehensive Cyber and IG Approach:



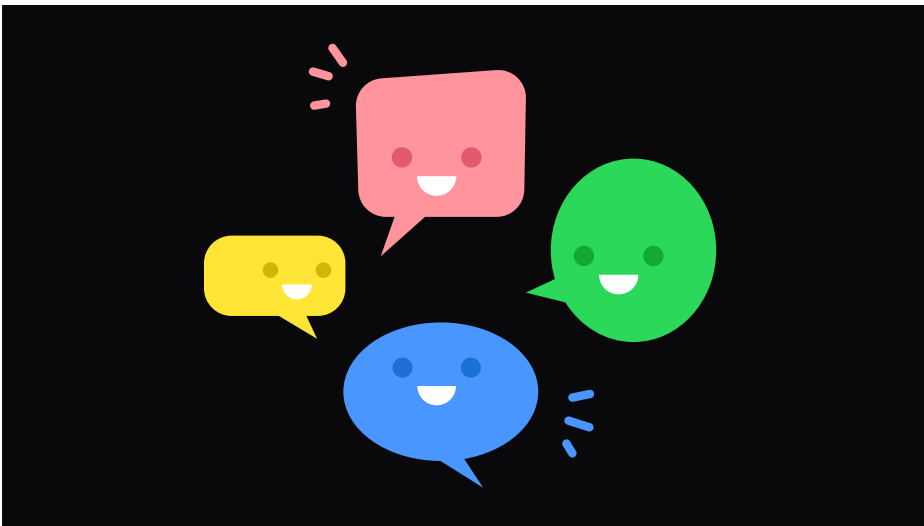
Alongside ISO 42001, Hably benefits from a comprehensive cyber pack, to answer all IT & AI questions, as well as council co-designed information governance approach and shared documentation.

OUR SOLUTION

KEY FEATURES

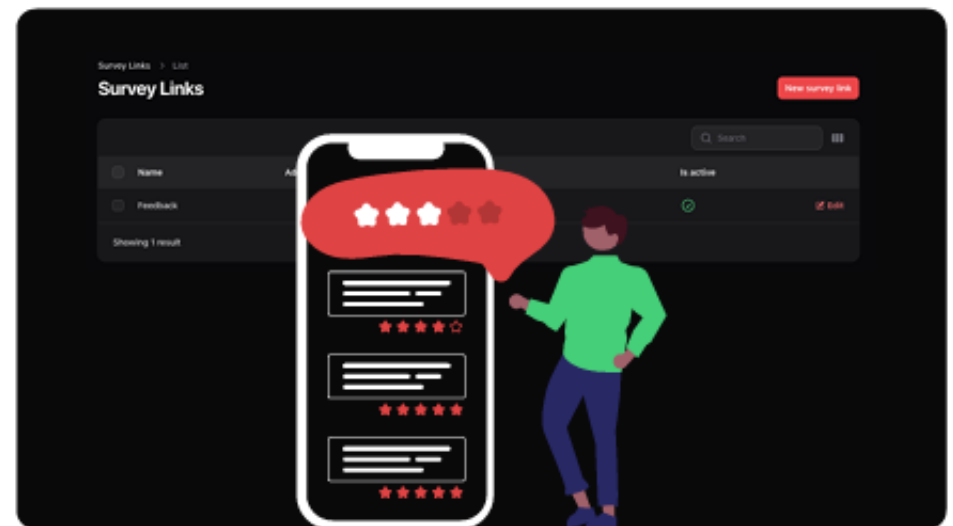


Expanding Resource:



Habily is able to manage 100s of conversations simultaneously, helping people with their health journeys confidently, kindly & clarifying questions where required.

Proactive Guidance:



Proactively contacts users to support, gather feedback, track progress and improve outcomes, as well as responding to inbound conversation. Always drawing on a knowledge bank curated by you.

HOW DOES IT WORK?

Habily harnesses the power of AI models and marries this with your own knowledge and service delivery. From a user perspective, their interactions are simple and align with conversations they would have with people.



USE CASE

Medway Council

Following the successful deployment of an infant feeding specialist, built using the same AI approach that powers Quit Coach, Medway Council piloted the technology to complement and enhance its existing stop smoking services, including a one-stop shop and a drop-in centre.

Utilising funding from a Section 31 grant and supporting between 140 and 180 quit attempts, the council was keen to explore how an AI-based smoking cessation service could deliver financial benefits, including a projected cost saving per quitter. Retaining full control over the content referenced by the AI model was also a key requirement, ensuring that all advice provided by Quit Coach aligned with the council's public health guidance and met expectations around safety, quality, and reputation.

Quit Coach is currently available 24/7 via WhatsApp, providing ongoing support to individuals at any stage of their journey to stop smoking for good.

“As a public health team, we’ve always embraced technology that can help support our interventions. With the arrival of AI it made sense to explore how this technology could enhance this successful service. Last year we piloted use of AI within the Infant Feeding support service and the potential was massive. Through WhatsApp, we have the chance to support residents on their health journey and Bullet AI have been brilliant in understanding our needs and applying their AI tool to our needs. We are so excited about our new AI powered Quit Coach, and the support it can offer.”

SCOTT, PUBLIC HEALTH, MEDWAY COUNCIL

LIVE DEMO

TRY OUR AI ASSISTANT

Start chatting to our test AI coach for free and experience the magic of intelligent conversations. We can even customise the look and feel to match your brand.

Get in touch to arrange a customised demo:
team@bullet-ai.com

Habily

[ABOUT US](#) [BLOG](#) [START YOUR JOURNEY FOR FREE](#)



HABILY BLOG

Your go-to spot for bitesize tips, expert advice, and inspiring ideas to help your family thrive.

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Habily

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BULLET AI

NHS England



WHO ARE WE?

DELIVERING DIGITAL SOLUTIONS TO INCREASE EFFICIENCY

We are delivering complex technical solutions to make a real difference. Our approach is all about making the complicated, simple.

<https://bullet-ai.com>



Certificate No:488752025

FREQUENTLY ASKED QUESTIONS

DOES THE HEALTH COACH TAKE ANY PERSONAL DATA?

Users signing up for a health improvement journey will be asked to enter the details you would normally take to deliver an intervention. Aspects of this can be used to best shape how the AI coach talks to the end user. All data is held securely and never shared with the AI models or Meta infrastructure.

IS THE ASSISTANT EASY TO SET UP AND DEPLOY?

Yes, our AI powered coach is designed to sit as an add on to your core offering or as a standalone intervention. We'll harness your knowledge (via direct input or scraping data from web pages and documents). The coach will typically be offered through WhatsApp or built within an app. This makes it easy to adopt without the complexities of integration with existing systems. We can also couple the coach with wearable tech to deliver hyper-focused updates to users.

DOES THE KNOWLEDGE AND INFORMATION IN THE TOOL GET FED OUT TO AI MODELS FOR USE BY CHATGPT OR SIMILAR?

No, any knowledge you put into the tool is referenced by AI but would never be used to train the AI models which power the likes of ChatGPT. Similarly no personal (data taken on sign up) is shared with Meta (WhatsApp) infrastructure.

CAN WE MONITOR CONVERSATIONS?

Your users will interact with your AI coach and all chat interactions will be stored (retention period to be decided by you). You can view these chats at any time. We can also build in alerts to raise alarms around safeguarding concerns or inappropriate behaviour. Similarly, analysis of conversations can help highlight missing knowledge or gaps in provision that users expect.

FREQUENTLY ASKED QUESTIONS

CAN WE SHAPE HOW THE COACH TALKS TO USERS?

Yes, this is called “AI Prompting” and we’d work with you to understand your users and how you’d typically talk to them. This then helps us create the prompt for your tool on how to converse. An example might be *“answer users as a specialist in public health delivery for the council public health team, use plain English and respond in simple terms but with a supportive, encouraging and reassuring tone.”*

CAN HABILY BE USED FOR A RANGE OF HEALTH IMPROVEMENT NEEDS?

Yes, in short, the technology can be easily utilised for any role where you want to support a user through a health improvement journey. The power of the tool comes with engagement, expert-led messaging and the ability to deliver the coaching into your audience’s favourite communication channels (e.g. WhatsApp).

WHAT’S THE DIFFERENCE BETWEEN THIS AI CHAT TOOL AND A TYPICAL LIVE CHAT SYSTEM?

The key point is we are using AI to really build some context and understanding into the conversation. Typically live chat will work from keywords, so if someone mentions a certain word or term, then some knowledge will be fed out based on that. Here, we use AI to understand what a user is asking and then source a blended response from the information you have loaded into the tool and the right tone of voice to give a “human like” feel to the conversation.

CAN THE TOOL BE ENHANCED AND INTEGRATED WITH A LARGER INITIATIVE

Yes, we are able to interface with other systems (where logical and applicable) to share data and sit our tool as part of a wider health improvement initiative. For example we could work with a wearable partner to allow coaching to refer to data taken from a user (e.g. step count).

GET IN TOUCH

For more information, please don't hesitate to contact us:
team@bullet-ai.com

