



1. Introduction

This document provides a full overview of our Display Screen Equipment (DSE) Software. It outlines our DSE Assessment services, along with an overview of our DSE eLearning options.

Whether assessing the suitability of your workstation or expanding knowledge through our comprehensive eLearning course, our Display Screen Equipment software facilitates better workplace health, as well as compliance with the Health and Safety (Display Screen Equipment) Regulations 1992, as set out by the HSE.



2. Workstation Assessment Tool

Designed by health and safety experts, our Online DSE Assessment Tool guides employees through a comprehensive 15-minute evaluation of their workstation. Issues are risk-rated and automatically flagged to managers, helping you prioritise and resolve concerns swiftly.

It covers the following areas:

Desk organisation

Ensures equipment is in easy reach and the desk area is clutter-free to enable healthy ergonomic practices.

Chair adjustment

Ensures the neck and back are properly supported.

Screen adjustment

To suit the individual's needs and ensure there are no distracting reflections.

Work comfort

Lighting, temperature, and noise levels need to be assessed to ensure comfort.

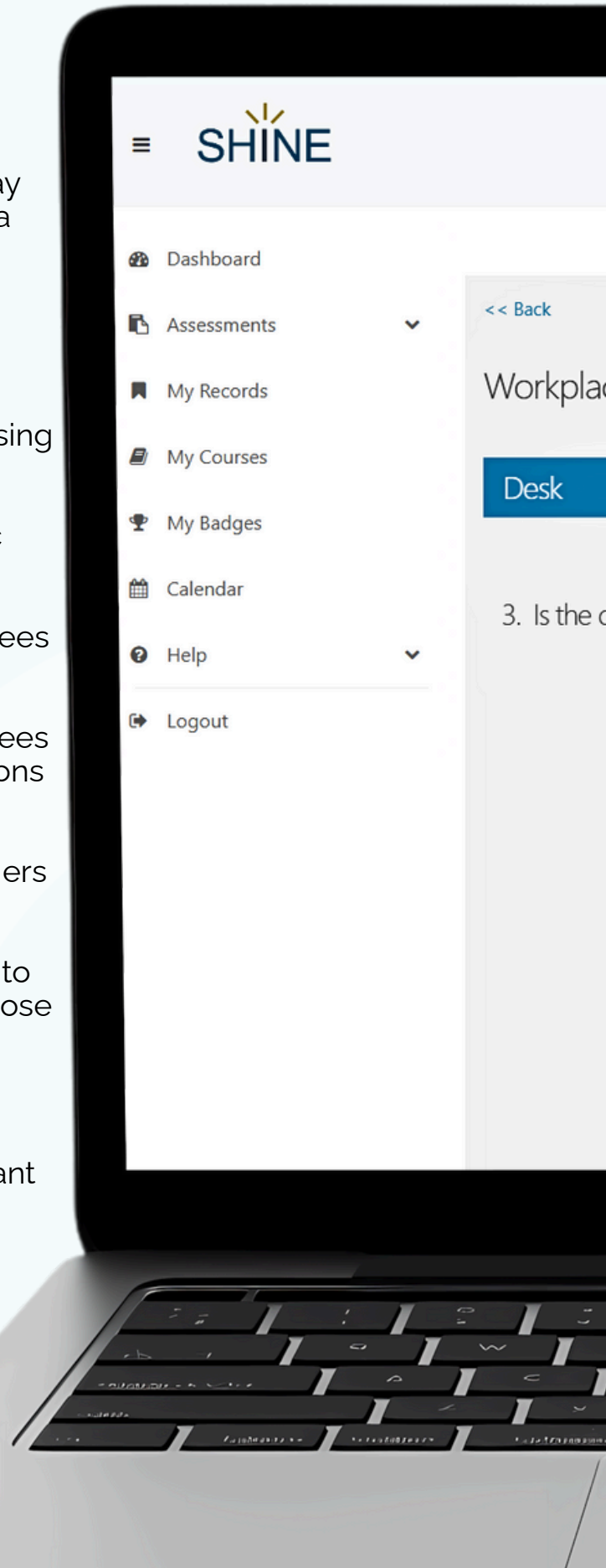
Further questions can be added to suit your organisation, so the assessment is as effective as possible. Any issues raised by an employee in the assessment are risk-rated and sent to a nominated manager, so that critical issues can be prioritised.

2a. Key Features

Whether your employees are in the office, working remotely, or in hybrid roles, our display screen equipment self-assessment supports a safe and productive working environment.

Features

- Provides a **structured framework** for assessing and managing DSE-related risks.
- **Can be tailored** to an organisation's specific employees and circumstances.
- **User-friendly experience**, allowing employees to conduct their assessment independently.
- Alerts managers to issues raised by employees in **priority order**, making it easy to record actions and keep track of responses.
- Can be accessed by employees and managers from **any location at any time**.
- **Additional risk assessments** can be added to support the DSE risk assessment, including those relating to pregnancy, disabilities, and remote work arrangements.
- Can be used in conjunction with our IOSH Approved, CPD Certified, and SCORM compliant **Display Screen Equipment Training**.
- Can be deployed on **your LMS or ours**.



3. Display Screen Equipment eLearning

Our in-depth Display Screen Equipment training has been created by chartered health and safety experts and ergonomists. It covers common health issues such as musculoskeletal disorders (MSDs), fatigue, and eye strain, to help employees understand the impact of poor posture on health.

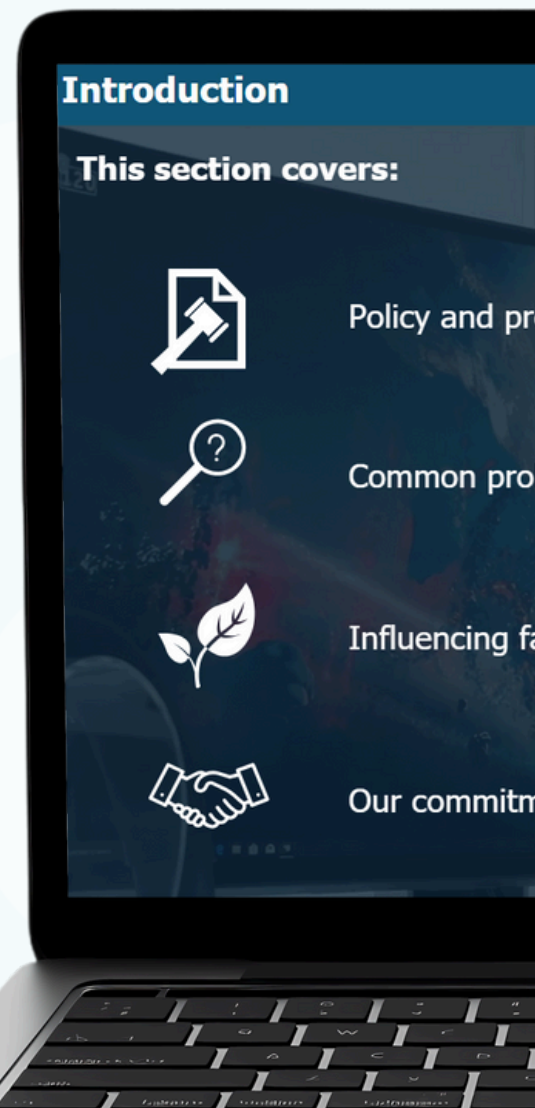
This training teaches participants to:

- **Identify** common health issues associated with DSE use.
- **Identify** the risk factors associated with DSE.
- **Understand** how your organisation's DSE policy promotes the safe use of display screen equipment.
- **Implement** practical changes to their workstation, posture, work activities and the environment.

Training is delivered online or through a computer network to each trainee at their desktop, laptop, or mobile device. We can also provide the course to be integrated into a SCORM compliant LMS.

Other benefits include:

- **Supports compliance** with the Health and Safety (Display Screen Equipment) Regulations 1992.
- **Follows** Health and Safety Executive (HSE) guidance.
- **IOSH Approved**, CPD Certified and SCORM Compliant.
- **Can be completed** at the employee's own pace.
- **Multiple choice quizzes** to check understanding.
- **Summaries** at the end of each section to enhance understanding.
- **Affordable and effective** alternative to in-person training.
- **No previous experience** is required.



4. Technical Architecture

Our Learning Management System, SHINE, is hosted on Microsoft Azure using a multi-tenant architecture. This ensures strong data segregation, automatic scaling, high availability and continuous monitoring.

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5. Accessibility

SHINE and its content meet WCAG-aligned accessibility principles, including closed captions, transcripts, mobile-first layouts, keyboard navigation and inclusive design.

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6. Security & Compliance

Security measures include:

- **TLS 1.2+ encrypted transport**
- **AES-256 data encryption at rest**
- **Hashed and salted passwords**
- **Role-based access controls**
- **Firewalls and continuous monitoring**
- **Annual ITS risk assessment**

Praxis42 holds Cyber Essentials Plus certification, with hosting in Azure datacentres compliant with ISO 27001, CSA CCM, ISO 27017/27018 and SOC auditing frameworks.



7. Backup, Disaster Recovery & Business Continuity

Resilience is ensured through:

- **Nightly differential and weekly full backups**
- **Two-week retention**
- **Azure regional redundancy**
- **Regular DR testing**
- **Documented continuity procedures**

8. Onboarding & Training

Praxis42 provides:

- **Remote setup and admin training**
- **Optional onsite implementation**
- **Self-service video tutorials**
- **Dedicated account manager**
- **Support for integrations and configuration**

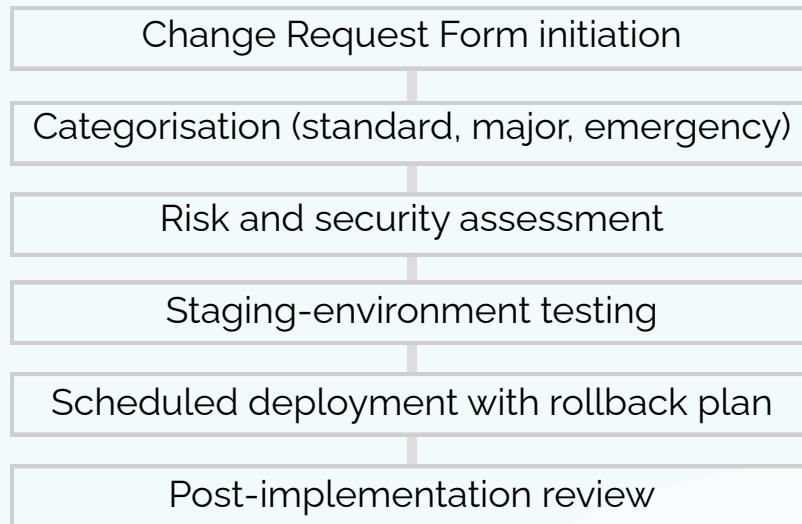
9. Support Arrangements

Support includes:

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|--|--|
| - Monday–Friday, 09:00–17:00 assistance | - Out-of-hours monitoring |
| - Contact via phone, email or ticketing | - Incident escalation and root cause analysis |

10. Change Management

All changes follow a structured process:



11. Data Extraction & Offboarding

Customers can export all data via CSV or API. Optional extensions provide additional offboarding time. Data is sanitised through cryptographic erasure upon deletion.

12. Data Protection & GDPR

Praxis42 adheres to UK GDPR principles, with:

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|---|---|
| <ul style="list-style-type: none">- Data minimisation- Lawful processing | <ul style="list-style-type: none">- Secure access controls- Incident reporting |
|---|---|

A full Data Processing Agreement is provided.

15. Browser & Device Requirements

SHINE supports modern versions of Chrome, Edge, Safari and Firefox. HTML5, JavaScript and cookies must be enabled. The platform works across desktop, tablet and mobile devices.



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making compliance easy



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