

Xyla Mental Health – Adult Pricing

The following provides indicative pricing, based on our range of services. Specific pricing will be agreed with you, dependent on the scope and volume of your requirements. Please refer to our Service Description for further detail on the scope of each type of service offered.

Service	Core Sessional Price in £	Duration
Assessment	104.29	60 minutes
Step 3 Assessment	123.31	60 minutes
Guided Self Help - PWP	77.14	60 minutes
Counselling / CfD	118.97	60 minutes
Interpersonal Psychotherapy	118.97	60 minutes
Dynamic Interpersonal Therapy	118.97	60 minutes
CBT therapy	118.97	60 minutes
EMDR	178.46	90 minutes
Psychology	140.00	60 minutes

Contact Value	Discount %
Less than 250,000	30%
250,001 to 500,000	31%
500,001 to 1,000,000	32%
1,000,001 to 2,500,000	33%
2,500,001 to 5,000,000	34%
5,000,001+	35%

*All prices are quoted exclusive of VAT, which will be applied in accordance with HMRC rules

**Pricing provided is subject to change at any time, and as a result of statutory or legislative changes as they come into effect.

***Pricing is fully inclusive of the booking of appointments, delivery of session, all administrative tasks such as letters to client and GP.

****Sessions delivered through video, online audio, online messaging and telephone.

*****Did Not Attend (DNA) - A DNA shall be recorded if a client is not available for an agreed appointment within 15 minutes of the scheduled time and nothing is heard from them with an explanation about the reason for non-attendance. Our DNA policy tolerates two DNAs before the client is referred back to the originating service. A DNA occurrence will be charged at 60% of session cost.

*****Cancellation - Clients are asked to give at least 24-hour notice of cancellation. Failure to do this without good reason will result in a DNA being recorded.