

Ultramed[®]

MyPreOp+[®] Product Specification

October 2025



Overview

MyPreOp+ builds upon the core MyPreOp platform to deliver enhanced perioperative pathway automation. It supports the NHS's five core requirements by enabling seamless, automated patient intake, continuous form-driven workflows, and improved clinical oversight.

To see details of the core MyPreOp system, which is part of the pre-procedure suite of programs under the name of Ultraprep, [please click here](#).

Key MyPreOp+ updates:

- **Automations -**

- Automatically adds patients onto the MyPreOp+ system triggering the start of their pathway when a DTT is entered on the PAS

- **Assessment templates -**

- Set up separate pathways for patients based on factors such as procedure and priority, both OPCS code and surgical priority are pulled in automatically
- Define the steps of each pathway (e.g. screeners, full preoperative assessment, check ins, scheduled messages), and which parts should be automated

- **Multiple forms -**

- Create and send multiple forms per patient, including screeners, check ins, full preoperative assessment, additional nurse forms, and post-operative follow up forms
- Track changes between versions of the same form, identifying altered answers since the last submission
- The system will automatically review check in responses and only flag patients who need clinical review

- **Scheduled recurring forms -**

- Schedule forms such as check ins to recur regularly until disabled automatically based on TCI date

- **Dashboard highlighting for clinician review -**

- A new highlighted 'actions' column on the dashboard, indicating patients requiring attention and specifying the nature of the required action (e.g., submitted screener, no response, etc.)

- **'Prepare Better, Recover Quicker'**

- Pre-habilitation information can be sent to patients based on their answers to screening questionnaires to help prepare their health for surgery, and to aid their recovery.

How we help you meet the 5 core requirements:

The Five Mandated Core Requirements by April 2024	MyPreOp+ Solution
1. Patients should be screened for perioperative risk factors as early as possible in their pathway. This could be at the point they contemplate surgery or take part in a shared decision-making conversation about whether to be added to a surgical waiting list. At the latest, a screening assessment should be undertaken as soon as possible after they have been added to a waiting list.	- If identified as high risk (prior to DTT) - full MyPreOp and f2f review to decide proceed/don't proceed - Automated screening or full MyPreOp dependant on surgical priority at DTT
2. Patients identified through a screening assessment as having risk factors for poor perioperative or surgical outcomes should receive proactive, personalised support to optimise their health before surgery.	- Patient-specific prehabilitation prescriptions - +/- Specialist prehabilitation
3. All patients waiting for inpatient procedures should be contacted by their provider at least every three months to check that they still want or require the procedure and that their health status has not changed. Any reported changes should be acted on appropriately. Contact can be automated (for example, text message) but there should be follow-up if a patient does not respond to reminders.	- Automated check ins every 3 months with reminders sent and reports generated of patients who do not respond - Automatic highlighting for clinician review and action, if issues identified
4. Patients waiting for inpatient procedures should only be given a date to come in for surgery after they have had a preliminary perioperative risk assessment and been confirmed as fit or ready for surgery. Where a patient is not yet fit for surgery, but surgery remains in their best interests, they should be supported to optimise their health. A senior clinical decision maker should determine whether they should remain on the admitted waiting list while being optimised, taking into consideration local waiting times for surgery, and the likely length of time required for optimisation.	- Screening questionnaire or full MyPreOp dependant on surgical priority and TCI - Referral to senior clinical decision maker based on ASA grade
5. Patients must be involved in shared decision-making conversations to discuss the benefits, risks,	- Automated patient information based on procedure and

alternatives and likely outcomes of the surgery, as well as the postoperative recovery period. This allows patients to confirm their decision to proceed with the surgery, seek further specialist advice if required or make the informed choice to pursue alternative options.

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- High risk patients and those having complex surgery identified

For more information about the 5 core NHS requirements, please click here:
<https://www.england.nhs.uk/long-read/earlier-screening-risk-assessment-and-health-optimisation-in-perioperative-pathways/>

MyPreOp core and MyPreOp+ feature comparison:

Features	MyPreOp Core	MyPreOp+
Specialist pre-procedure assessment platform	✓	✓
Cloud-hosted customisable dedicated clinical portal - patients are automatically populated based on PAS demographics integration	✓	✓
Tried and tested patient questionnaires designed to work on desktop, tablet and mobile	✓	✓
Patient questionnaires developed with multiple NHS Trusts, and AA certified for accessibility to minimise digital exclusion	✓	✓
Scheduled and templated direct clinician to patient messages	✓	✓
Customisable clinical workflows - the portal allows clinicians to view assessments that are expected, received, in progress, or complete.	✓	✓
Complex data analytics with automated customisable reporting	✓	✓

Configurable filtering of patients based on TCI and clinic date	✓	✓
Configurable filtering of patients based on surgeon, clinic and other categories as needed by your service	✓	✓
Customisable digital clinical notes	✓	✓
Export of PDF reports for download, and additionally sent to EPR	✓	✓
Highlighted 'actions' column on the dashboard, indicating patients requiring attention and specifying the nature of the required action (including Invite failed, message failed, submitted, contact patient)	✓	✓
Additional options for the 'actions' column on the dashboard, indicating patients requiring attention and specifying the nature of the required action (including submitted, withdrawn, no response)		✓
Automatically add patients onto the MyPreOp+ system triggering the start of their pathway when a DTT is entered on your PAS		✓
Create and send multiple forms per patient, including screeners, check ins, full preoperative assessment, and additional nurse forms		✓
Send post-operative forms collecting data on patient reported outcome measures and service satisfaction		✓
Auto-trigger resending of relevant previous forms based on patient answers		✓

Define separate pathways for patients based on factors such as procedure and priority, both OPCS code and surgical priority, which are pulled in automatically from your PAS		✓
Define automated steps of your pathways (e.g. sending of screeners, full preoperative assessment, checks ins, scheduled messages)		✓
'Prepare Better, Recover Quicker' pre-habilitation information can be sent to patients.		✓
Schedule forms such as check ins to recur regularly until disabled automatically based on TCI date		✓
System automatically reviews check in responses to only flag patients who need clinical review		✓
Advanced message formatting with the ability to add links and attachments	✓ Coming soon	✓ Coming soon
Automatically schedule messages based on screening answers		✓ Coming soon
Automatically schedule messages based on assessment group or procedure code		✓ Coming soon