



READY-MADE LEARNING

Course Library

What is Me Learning's core suite?

Addressing the most frequently requested training needs, our digital course library contains 230+ courses covering topics including Safeguarding and GDPR.



Why choose Me Learning courses?



CPD-accredited

All our courses are CPD-accredited, adding extra value to your learning.



Easy to run

All you will need to complete your training is access to the internet and a mobile, tablet or desktop device.



24/7 access

Access courses at your convenience through our secure, cloud-based learning management software, Form LMS.

How it works



Choose

Pick the courses you'd like from the list below



Setup

Our UK-based helpdesk will help set you up on Form LMS, our secure, cloud based learning management system. You can also use our courses with your own platform



Access

Enrol your learners onto your chosen courses to unleash their potential

About Me Learning

We are a dedicated team of training experts with a strong track-record of creating learning that unlocks workforce potential. For over 15 years, we have provided digital learning for organisations in the public and private sector.



Highly accredited

Our accreditation is second to none – Cyber Security Essentials Plus, ISO 27001 and ISO 9001 – we are used to working with organisations requiring the highest level of data security across sectors.



Easy to do business with

Our team will work with you to achieve your training outcomes and we are on a number of public sector frameworks like a DOS, G-Cloud, ESPO, Bloom, and NEPO.



Proven track record of great learning

We helped over 600 organisations with their learning and trained close to 1,000,000 learners on our platform.

Table of contents

Category	Page
Children and families support	1
Crime and community	1
Digital skills and data protection	2
Dignity and inclusion	2
Healthcare and wellbeing	3
Health and safety	3
Workplace skills and personal development.....	4
Legal and regulatory compliance	6
Mental health and neurodiversity	7
Procurement	8
Safeguarding adults	8
Safeguarding children and young people	9

Children and families support

COURSE TITLE

DURATION

Assessment and approval of adopters	30 minutes
Assessment and approval of foster carers	30 minutes
Children's workforce induction	735 minutes
Common assessment framework (CAF / early help) covering CAF assessment	35 minutes
Effective communication with children and families	90 minutes
Framework for the assessment of children and their families	18 minutes
Lead professional role	75 minutes
Positive behaviour support	15 minutes
Private fostering	20 minutes
Teenage pregnancy	45 minutes
Understanding child development	40 minutes

Crime and community

COURSE TITLE

DURATION

Abuse related to beliefs in witchcraft	65 minutes
Anti-social behaviour — Early Intervention and Prevention Measures	30 minutes
Anti-social behaviour — Legal Tools and Powers and Community Trigger	30 minutes
Anti-social behaviour — Partnership and Multi-Agency Working	30 minutes
Anti-social behaviour — Statement Taking and Interviewing Skills	30 minutes
Anti-social behaviour — Taking on a case — case management principles	45 minutes
Anti-social behaviour — Training programme	165 minutes
Anti-social behaviour — Vulnerable Witnesses and Perpetrators	30 minutes
Counter terrorism	30 minutes
Criminal exploitation and county lines	30 minutes
Female genital mutilation (FGM)	135 minutes
Fighting fraud in local government	30 minutes
Fraud awareness	30 minutes
Gangs and youth violence	97 minutes
Hate crime	35 minutes
Honour-based violence and forced marriage	150 minutes
Human trafficking and modern day slavery	90 minutes
Knife crime awareness	30 minutes
Safeguarding against radicalisation — the Prevent duty	80 minutes
Sexual abuse and recognising grooming	60 minutes
Substance misuse	180 minutes
Violence reduction	90 minutes

Digital skills and data protection

COURSE TITLE

DURATION

AI awareness — ethics and use in the workplace	10 minutes
Bullying and cyberbullying	60 minutes
Data protection	30 minutes
GDPR — Refresher training	45 minutes
GDPR — Board training	90 minutes
GDPR — Core training (for staff)	50 minutes
GDPR for the HR professional	210 minutes
GDPR for the marketer	195 minutes
GDPR — Foundation training	210 minutes
GDPR — Practitioner training	300 minutes
Information and cyber security	30 minutes
Information governance	90 minutes
Information governance for health	105 minutes
Information sharing and consent	90 minutes
Online safety — risks to children	45 minutes
Online safety for parents and carers	35 minutes

Dignity and inclusion

COURSE TITLE

DURATION

Age discrimination awareness	10 minutes
Dementia awareness	75 minutes
Disability awareness	30 minutes
Equality and diversity	75 minutes
Learning disabilities awareness	110 minutes
LGBTQ+ awareness	45 minutes
Menopause awareness	35 minutes
New and expectant mothers	45 minutes
Unconscious bias	30 minutes

Healthcare and wellbeing

COURSE TITLE

DURATION

Catheter care	15 minutes
Duty of Candour	20 minutes
Managing continence	10 minutes
Managing stoma care	30 minutes
Pressure area care	20 minutes
Diabetes awareness	110 minutes
Epilepsy awareness	25 minutes
Falls and fracture prevention	40 minutes
Fire warden for care	55 minutes
Food allergy awareness	60 minutes
Infection prevention and control	45 minutes
Medication awareness and safe handling of medicines	55 minutes
Moving and positioning of individuals	35 minutes
NHS continuing healthcare	30 minutes
Palliative care and end of life care	40 minutes
Parkinson's Disease	65 minutes
Reablement	45 minutes
Stroke awareness	45 minutes
Substance misuse	80 minutes
Suicide awareness and prevention	45 minutes
Supporting winter warmth	15 minutes
Teenage pregnancy	45 minutes
Trauma awareness	103 minutes

Health and safety

COURSE TITLE

DURATION

An introduction to managing health and safety	20 minutes
Asbestos awareness	30 minutes
Basic life support	40 minutes
Control of substances hazardous to health (COSHH)	65 minutes
Damp and mould awareness	35 minutes
Drive aware — prevention and protection	25 minutes
Driving safely — the basics	20 minutes
Falls and fracture prevention	40 minutes
Fire safety awareness	80 minutes

Health and safety

COURSE TITLE

DURATION

Fire warden for care	55 minutes
First aid	210 minutes
Food allergy awareness	60 minutes
Food safety and hygiene essentials	15 minutes
Food safety and hygiene — level 2	110 minutes
Health and safety for health and social care	140 minutes
Health and safety in the workplace	45 minutes
Infection prevention and control	20 minutes
Legionella and legionnaire's disease awareness	55 minutes
Manual handling	75 minutes
Medication awareness and safe handling of medicines	35 minutes
Moving and positioning of individuals	35 minutes
Personal protective equipment (PPE) essentials	10 minutes
Personal safety — lone worker	30 minutes
Risk assessment in the workplace	30 minutes
Slips, trips and falls awareness	22 minutes
Working at height	25 minutes
Working remotely	30 minutes
Working with display screen equipment	30 minutes

Workplace skills and personal development

COURSE TITLE

DURATION

Achieving objectives	15 minutes
Age discrimination awareness	10 minutes
AI awareness — ethics and use in the workplace	15 minutes
An introduction to managing health and safety	20 minutes
Anti-bribery and corruption	30 minutes
Asbestos awareness	30 minutes
Avoiding ambiguity	10 minutes
Building team trust	10 minutes
Building workplace confidence	30 minutes
Bullying and cyberbullying	60 minutes
Bullying and harassment in the workplace	30 minutes
Coaching skills	10 minutes

Workplace skills and personal development

COURSE TITLE

DURATION

Complaint handling	60 minutes
Conflict management	90 minutes
Creative thinking	10 minutes
Customer service	30 minutes
Effective delegation	10 minutes
Embarking on change	10 minutes
Emotional intelligence	10 minutes
Environmental awareness	22 minutes
Equality and diversity	75 minutes
Fighting fraud in local government	30 minutes
Financial management and budgeting	20 minutes
Fraud awareness	30 minutes
Having difficult conversations	10 minutes
Influencing for success	20 minutes
Information sharing and consent	90 minutes
Introduction to project management	10 minutes
Keeping good records	32 minutes
Leading meetings	10 minutes
Managing angry customers	20 minutes
Managing teams	25 minutes
Managing the probationary period	30 minutes
Managing virtual teams	30 minutes
Multi-agency working	30 minutes
Net zero awareness	30 minutes
New and expectant mothers	45 minutes
Objective setting	10 minutes
Operating in teams	10 minutes
People skills	23 minutes
Performance management	20 minutes
Personal safety — lone worker	30 minutes
Preventing sexual harassment in the workplace — for managers	45 minutes
Preventing sexual harassment in the workplace for your team — Offices	30 minutes
Recruitment and selection	40 minutes
Resilience	60 minutes
Risk assessment in the workplace	30 minutes
Setting performance expectations	10 minutes
Sickness absence	10 minutes
Solving problems: Definition to Options	10 minutes
Stress in the workplace	60 minutes

Workplace skills and personal development

COURSE TITLE

DURATION

Successful time management	15 minutes
Taking meeting minutes	45 minutes
Talent management	20 minutes
Unconscious bias	30 minutes
Unlocking team performance	10 minutes
Whistleblowing	60 minutes
Working collaboratively	10 minutes
Working remotely	30 minutes
Working with display screen equipment	30 minutes
Workplace wellbeing	60 minutes

Legal and regulatory compliance

COURSE TITLE

DURATION

Anti-bribery and corruption	30 minutes
Care Act — Assessment and eligibility	75 minutes
Care Act — Care and support planning	90 minutes
Care Act — Charging and financial assessment	75 minutes
Care Act — Deferred payments	75 minutes
Care Act — Direct payments	75 minutes
Care Act — Independent advocacy	75 minutes
Care Act — Information and advice	60 minutes
Care Act — Integration cooperation and partnerships	75 minutes
Care Act — Introduction and overview	90 minutes
Care Act — Personal budgets	30 minutes
Care Act — Review of care and support plans	30 minutes
Care Act — Transition to adulthood	75 minutes
Care Act 2014 — Full training suite	735 minutes
Care certificate — Assessor training	105 minutes
Care certificate — Digital learning suite	765 minutes
Deprivation of liberty safeguards	70 minutes
Fighting fraud in local government	30 minutes
Fraud awareness	30 minutes
Freedom of Information Act 2000	30 minutes

Legal and regulatory compliance

COURSE TITLE

DURATION

Hate crime	35 minutes
Honour-based violence and forced marriage	150 minutes
Human rights Act 1998	30 minutes
Information governance for health	105 minutes
Mental capacity Act	110 minutes
Mental health Act	110 minutes
Net zero awareness	30 minutes
NHS continuing healthcare	30 minutes

Mental health and neurodiversity

COURSE TITLE

DURATION

ADHD awareness	20 minutes
Anxiety and Depression Awareness	15 minutes
Bipolar disorder awareness	20 minutes
Dysphagia awareness	10 minutes
Managing your mental health	20 minutes
Adult self-neglect	34 minutes
Aphasia	30 minutes
Awareness of learning disability and autism for health and social care	180 minutes
Autism awareness	75 minutes
Dementia awareness	75 minutes
Eating disorders	65 minutes
Hidden harm	170 minutes
Hoarding and scamming	45 minutes
Learning disabilities awareness	110 minutes
Loneliness and isolation	25 minutes
Loss and bereavement	50 minutes
Menopause awareness	35 minutes
Mental Health Act	110 minutes
Mental health awareness	30 minutes
Self-harm in children and young people	40 minutes
Stress in the workplace	60 minutes
Substance misuse	80 minutes
Suicide awareness and prevention	45 minutes
Supporting mental wellbeing and emotional health in education	30 minutes
Trauma awareness	103 minutes

Procurement

COURSE TITLE

DURATION

PARTNER*	Adding social value — how procurement can create benefits for society	54 minutes
PARTNER*	Benefits of remanufacturing	45 minutes
PARTNER*	Bidding fundamentals	30 minutes
PARTNER*	Commercial and procurement training	45 minutes
PARTNER*	Developing the specification	35 minutes
PARTNER*	Effectively engaging the market	45 minutes
PARTNER*	Effectively specifying for remanufacturing	45 minutes
PARTNER*	How to effectively procure and manage contracts to create social value	75 minutes
PARTNER*	Preparing a bid strategy	45 minutes
PARTNER*	Preparing for a procurement	60 minutes
PARTNER*	Preparing tender documentation	45 minutes
PARTNER*	Procurement fundamentals	60 minutes
PARTNER*	Running effective sourcing events	45 minutes

Safeguarding adults

COURSE TITLE

DURATION

Abuse related to beliefs in witchcraft	65 minutes
Adult self-neglect	34 minutes
Adult sexual exploitation	22 minutes
Coercive control awareness	15 minutes
Criminal exploitation and county lines	30 minutes
Dementia awareness	75 minutes
Deprivation of liberty safeguards	70 minutes
Domestic abuse and intimate partner violence	30 minutes
Falls and fracture prevention	40 minutes
Female genital mutilation (FGM)	135 minutes
Hate crime	35 minutes
Hidden harm	170 minutes
Honour-based violence and forced marriage	150 minutes
Human trafficking and modern day slavery	90 minutes
Knife crime awareness	30 minutes
Loneliness and isolation	25 minutes
Mental Capacity Act	110 minutes
Preventing sexual harassment in higher education — for staff	45 minutes
Preventing sexual harassment in higher education — for students	40 minutes

Safeguarding adults

COURSE TITLE

DURATION

Professional boundaries — working with adults	30 minutes
Safeguarding adults — level 1	70 minutes
Safeguarding adults — level 2	80 minutes
Safeguarding adults — levels 1 and 2	150 minutes
Safeguarding adults refresher	30 minutes
Safeguarding adults — level 3	103 minutes
Safeguarding against radicalisation — the Prevent duty	80 minutes
Safeguarding awareness	95 minutes
Safeguarding awareness for higher education	120 minutes
Sexual abuse and recognising grooming	60 minutes
Substance misuse	80 minutes
Supporting male victims of domestic abuse	120 minutes

Safeguarding children and young people

COURSE TITLE

DURATION

Abuse related to beliefs in witchcraft	65 minutes
Child sexual exploitation — level 1	165 minutes
Child sexual exploitation — level 2	90 minutes
Child sexual exploitation — levels 1 and 2	255 minutes
Coercive control awareness	15 minutes
Criminal exploitation and county lines	30 minutes
Cultural awareness in safeguarding	375 minutes
Domestic abuse and intimate partner violence	30 minutes
Eating disorders	65 minutes
Emotional abuse	60 minutes
Female genital mutilation (FGM)	135 minutes
Gangs and youth violence	97 minutes
Hate crime	35 minutes
Hidden harm	170 minutes
Honour-based violence and forced marriage	150 minutes
Human trafficking and modern day slavery	90 minutes
Knife crime awareness	30 minutes
Loneliness and isolation	25 minutes
Mental Capacity Act	110 minutes
Mental Health Act	110 minutes

Safeguarding children and young people

COURSE TITLE

DURATION

Missing children	45 minutes
Neglect	60 minutes
Online safety — risks to children	45 minutes
Online safety for parents and carers	35 minutes
Physical abuse	30 minutes
Professional boundaries — working with young people	30 minutes
Safeguarding against radicalisation — the Prevent duty	80 minutes
Safeguarding awareness	95 minutes
Safeguarding awareness for higher education	120 minutes
Safeguarding children — level 1	135 minutes
Safeguarding children — level 2	135 minutes
Safeguarding children — level 3	135 minutes
Safeguarding children — levels 1 and 2	225 minutes
Safeguarding children for education — level 1	150 minutes
Safeguarding children for education — levels 1 and 2	195 minutes
Safeguarding children in sport	30 minutes
Safeguarding children refresher	25 minutes
Safeguarding children with disabilities	30 minutes
Safeguarding children (awareness) for health and social care	45 minutes
Safer recruitment	160 minutes
Self-harm in children and young people	40 minutes
Sexual abuse and recognising grooming	60 minutes
Sexual harassment in education	75 minutes
Supporting mental wellbeing and emotional health in education	30 minutes
Teenage pregnancy	45 minutes
Understanding behaviour of children and young people	95 minutes