

# Service Description Cyber Security





A structured guide to standardise Cambridge MC's approach to engagements, ensuring consistency and quality in service delivery.





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### Risk and **Change Evolution**

## The potential of Al

to disrupt, increase efficiencies and reduce the need for paper qualifications

## **Organisational** culture

the changing nature of work and the hybrid workplace

## **Organisations are** struggling to cope

## Technology, **Cloud and Data** complexity

and increasingly connected devices

These Cyber Threats bring huge potential for creating devastating commercial trauma : • Economic Impact **Ransomware Attacks** Data Breaches •

# **The Hidden Crisis** in the Boardroom



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**The Threat** 



WARREN BUFFET

# **A Growing Threat Landscape**

It is no longer a matter of IF, but a question of WHEN



## **Global Economic** Impact

Cybercrime is seen as the single greatest threat to the global economy over the ensuing decade

The World Economic Forum (WEF) states that cybercrime has emerged as the world's thirdlargest economy, trailing only the United States and China



## **Cyber Crime – Dark** Web Growth

Europol data supported by NSCS suggests 300% growth in the dark web, the majority of which is now Ransomware and Malware as a Service (RaaS and Maas). It's never been easier for cyber criminals.

Cyber security Ventures suggest a business is affected every 11 seconds.



85% of cybersecurity professionals attribute the increase in cyberattacks to the use of generative AI by bad actors

Over 4.5 billion records were exposed in the top 10 data breaches alone in 2022





## Data **Breaches**

## Alarming Disconnect: Chief Information Security Officers (CISOs) and Board members differ in confidence significantly

## Disconnect

CISOs are struggle to communicate the commercial threat and Cybersecurity investments needed to Senior Decision Makers

## Communication

Because Cybersecurity measures and performance indicators do not often map to strategic initiatives, board members struggle to understand the commercial relevance of the reports. Board members seek information through stories they can relate to.

CISOs therefore need support to better communicate to the board.

## RECENT SURVEY REPONSE: Q. Are you confident with the security program's effectiveness?



## **Business Focus**

"The board is listening and security mumbles" ""Nobody cares how many packets your firewall blocked. If security reporting doesn't reflect business goals, you're doing it wrong."

## **Gaining Clarity**

"Tell me a story and then back it up with a few numbers."

## **Critical Alignment**

"The things cited by Board members as most critical fell dead last among CISOs."





## The impact of this to you is...

## Increased Commercial and Reputational Risk Exposure through....

- Disconnect between commercial risk and investment in cybersecurity readiness and response
- Poor board level understanding of the widespread material impact on their cost base and reputation caused by Cyber crime
- Deep rooted cybersecurity risks due to reliance on third-party vendors and partners
- Employees inadvertently causing security breaches through actions, errors and omissions
- Ineffective monitoring, resulting in not knowing when they are compromised ٠
- If compromised, lack of comprehensive incident response plans
- Poor understanding of and applying evolving Cybersecurity defence standards, governance and regulations (i.e NIST 2.0) within an increasingly complex technology landscape





# **Understanding the Attack Chain**

There are seven key stages that attackers move through as they target networks and exploit vulnerabilities; understanding them re-enforces the basics.







### Command & Control

- Establishing communication between the attacker and the compromised commands
  - execute malicious actions.

Actions on

**Objectives** 

- The attacker's



# 15 Signals to Show they're in your House

## Reconnaissance Weaponisation

2

#### Patch Window

Known-time-to-fix etc Vulnerability type (adds downstream exploit method, attack timeline, expected behaviour intelligence)

#### Web Shell

JPG file POST Parameter Requests (indicates attackers installing a webshell, like good old-fashioned SQL injection) Length of time of login **Abnormal Logins** Patterns, Originators, brute force attempts etc including

device authentication.

Delivery

#### **PIM Behaviour**

Patterns, frequencies, tasks, Source, Roles, especially Admin users, with focus on privilege level role and job duties.

#### WMI anomalies (Windows Management

Administration this is a native piece of Windows tooling allowing Administrators to do things like \_InstanceCreationEvent, or \_ClassCreationEvent etc the sort of stuff perpetrators will do to hide tracks or activate things.

## Exploitation

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#### Internal Recon

Scripts running on email, web or file servers or domain controllers (DC). Queries listing all Service Principle Names in the DC Windows scheduled tasks collecting stuff

#### Malware signals

Attempted run propagation (Malware needs to run) Systems, files, devices, network services pinging the same host over a short period (indicates phishing or users pinging links with malware returns) System File Device activities out of hours Attempted comms with non-standard IP addresses Processes modifying systems

#### **Unusual Logs** Any event logs removed!

## Installation

#### Ransomware signals

New .pky files installed (public encryption keys! Or .eky private keys..) .res files installed (these are C&C comms) Deletion of Backup Files

#### Malicious Powershell

Anomalies in commands/scripts/output Logging anomalies (module, script block, and transcription) Abnormal users running scripts..

### HTTP Traffi

**RDP Signals** Remote Admin tool anomalous use

#### Server Message Block

Remote file management anomalies. Allows remote management of files, filesharing, printing, directory sharing, and network stuff.

 $\prec$ 

### Command & Control

## Actions on Objectives

#### C&C Comms

N/W traffic baseline should be established, and anomalies picked up. User Device, times, patterns

#### Internet Control Message Protocol (ICMP) Packets

- Comms enabling packets between servers.. so once again, size and frequency is a very clear red flag of exfiltration for large volumes of unexpected or non-standard traffic.
- Large packets moving!!

#### Hidden Tunnels

HTTPS or DNS for dry run? Traffic baseline thresholds!

# **The Cornerstones of Cyber Exposure**

The main causes of CyberCrime are not arcane Cyber details, but basic IT good practice and hygiene – such as keeping technical debt to a minimum and architecting with a "zero trust" and "Secure by Design" aprpoach



## **MFA**

Significant improvement in systems can be gained by extending Multi-Factor Authentication (MFA) across all systems and all access requests

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### **Privileged Access** Management

Mitigate risk of breaches by restricting access to critical systems and data caused by privilege sprawl from 'authorised' personnel

## **Monitoring**

The overwhelming output from modern security monitoring has surpassed human manageability, creating an urgent need for a streamlined, IT-integrated approach that balances automation with human oversight



## **End-Point Protection**

The explosive growth of sophisticated, interconnected applications amplifies the pressing need for enhanced protective measures.

### **Application Layer**

The surge in cloud migration and complex API integrations underscores the urgent need for enhanced application layer protection

### **Offline Back-up**

Offline back-up is an essential but often underutilised strategy, providing a crucial safety net for data recovery



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# What customers want

- To reduce commercial and operational risk •
- To know their business is protected by placing ٠ knowledge from Master Practitioners into their cybersecurity defences
- Maintain reassurance that current spend level and • allocation of cyber related activities represents value for money
- Confidence in the measures and actions needed to insure their organisation against material loss
- To address the real challenge of converging Security • and IT to put in place the basic IT disciplines that ensure you are not first in line for compromise

- A plan that orchestrates their organisation's legal, regulatory, and reputational protection
- Gain a detailed assessment of the financial costs and business impacts of a major cyber-attack or data breach in their organisation
- A security-first approach that ensures their people Cyber security aware, and are delivering continuous risk management, compliance, and cyber security best practices which are integrated throughout their organisation and its change initiatives

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# Why customers like working with us

- Expertise-Driven Approach: Our people are master practitioners in Cybersecurity – true deep practitioners with real-world experience in advising both the private and public sectors and in dealing with complex network-based cybersecurity challenges.
- A Focus on Secure-by-Design: Customers gain from • Cambridge MC as a leader in the 'secure-by-design' approach. This involves integrating security at every stage of IT advisory, development, and operations, rather than treating it as an afterthought. We help clients build security into their IT infrastructure and business processes from the ground up.
- Thought Leadership: We will host webinars, workshops and are active contributors to to Government, Cyber Research, and Academia, the Security Awareness Special Interest Group.

- customized cybersecurity roadmaps for clients, considering their specific business models, industry challenges, and risk profiles.
- Client-Centric Service Model: Cambridge MC seeks a close collaborative relationship with our clients with respectful directness pointing out areas of basic weakness that need reenforcement – including regular updates, transparent communication, and flexible engagement models tailored to each client's needs.
- and movement towards individual liabilities for Executives and CISO's (including possible jail terms) - Cambridge MC offers specialized services in compliance and regulatory frameworks - helping customers to navigate the complexities of GDPR, Schrems, NIS, and other relevant regulations.



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Customized Cybersecurity Roadmaps: Cambridge MC develops

Strong Focus on Compliance and Regulatory Frameworks: Given the increasing importance of data protection and privacy laws,

### **Board-Level Security Advisory**

Bridging the gap between the technical intricacies of cyber security and the strategic decision-making processes at the highest organisational level

## Information **Resilience &**

**Protection** Critical information supply

chain, a focus on core assets. and associated recovery models, can be the difference between inconvenience or failure.

## **Security Audit** Maturity

Assessment Identifies gaps and areas for improvement by providing a maturity score or level that reflects how resilient your security practices are.

### Secure Strategy **Consulting & Go**to-Market Plan

Merging cyber security expertise with business guidance to drive consolidation, optimisation, and service improvement with a cost/risk balance.

## **Secure Data Centre & Cloud**

Strategy We believe cloud security must also navigate a legacy to cloud pathway to secure your most critical digital assets wherever they sit, and however they move.

# How we partner with our clients

### Delivering

- Governance

A security-first approach ensures that risk management, compliance, and cyber security best practice are integrated into project management throughout.

## Managed Security Services (MSS)

**Securing Digital** 

**Innovation &** 

Architecture Construct a secure foundation

for digital projects from the

ground up, integrating security

best practices into their design,

development, and deployment

**Design** Monitoring requires precise end-to-end systems and processes. We focus on refining data inputs and establishing sophisticated

correlation techniques

## **Cyber Frameworks such** as NIST, ISO27001 etc

 Confident Strategic Planning **Effective Business Resiliency** Clarity in Legal and Commercial

 Robust Technical Solution Delivery Non-disruptive Project Management



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# **How We Partner**

Placing Our Expertise Into The Heart Of Our Client's Organisation



## Assessment

Create mutual assessment of cyber risk to their organisation

Current strategy and plans to mitigated against these

## **Scope and Delivery**

Lead and Facilitate a comprehensive cyber security strategy and delivery plan

Form a close/robust partnership to protect our client's organisation using leading our cyber security experience and solutions

## Partnership

# **Our Cyber Frameworks**

|                                       | Cyber<br>Executive Advisory                      |     | Cyber<br>Accelerators                |   | Tailored Cyber Services  |  |
|---------------------------------------|--|-----|--------------------------------------|---|--|--|
|                                       | oard-Level and Security<br>eader (CISO) Advisory |     | Cyber Maturity and Gap<br>Closure    |   | A full suite of advanced Cyber<br>Security solutions and<br>safeguards |  |
| Ensuring your organisation's security |  |     | Creating a clear maturity score and  | F | Fortifying your defences and   |  |
| framework is both robust and          |  | i i | actionable insights for resilient    | a | aligning them with your core   |  |
| forw                                  | ard-looking by bridging the gap                  |     | security practices by assessing your | C | objectives, by applying key insights                                   |  |
| betw                                  | veen your Board and Security                     |     | current landscape to identify gaps   | t | o improve and protect your   |  |
| Lead                                  | dership (CISO)                                   | 6   | and areas for improvement,           | C | operations.  |  |
|                                       |  |     |                                      |   |  |  |

1 day – 3 months

2 - 4 weeks

6 weeks +



## Cyber As A Service

### **Experts on Demand**

Access expert practitioner support, tailored to both your everyday needs as well as project-specific requirements, using our flexible approach to enrich and improve your Managed Security Services

12 weeks and beyond

# **Board Level** Security Advisory Pathway Discussions

Securing Your Organisation



## Finance

**01**. The financial toll of cybercrime – digging a little deeper.

02. The Dark Web Cybercrime's breeding ground; size and shift.

03.

**Incidents** Notable incidents; Optus snapshot.



# Government 05. Global Government response to cyber threats; profession and collateral.

06. Action The urgency to act. What we can do about it.



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# Case Study Cyber Security

Outcomes have been updated.

Why did the customer choose Cambridge – What did they actually say?

What Actions tangible benefits did the Institution gain by taking actions based on our recommendations?

## Problem

The primary challenge was the institution's realisation that its existing cyber hygiene practices and IT discipline might not be sufficiently robust to withstand increasingly advanced tactics employed by cybercriminals and their growing interest in the education sector.

The institution sought out Cambridge MC to identify these vulnerabilities, assess the overall maturity of its cybersecurity practices, and recommend strategic improvements. This meant not only highlighting technical deficiencies, but also providing a holistic evaluation of the institution's security posture, considering the practical realities of defending against threats. This included an assessment of the institution's risk readiness, infrastructure resilience and staff preparedness.

Cambridge MC's goal was to ensure that the recommendations produced as a result of this assessment were not only technically sound but contextually appropriate and aligned with the institution's strategic objectives and resources constraints. This personalised approach was crucial in designing a cyber security strategy that was both achievable and sustainable.

## Approach

What we did: Our approach involved a thorough assessment of the institution's cyber infrastructure, including tests, interviews, and the examination of artifacts to gain a holistic understanding of their cyber maturity. To do this, we engaged experts with significant technical depth and extensive experience in cyber defence and leadership roles; a blend which was crucial in conducting a maturity assessment that focused on pragmatic gap closures.

Why we did it this way: Our methodology was designed to move beyond mere technical details and address the practical aspects of cyber security. By organising our work into recognised capability categories, we targeted areas that, if weak, would likely lead to vulnerability and a high risk of attack. This approach allowed us to pinpoint critical gaps in the institution's cyber security practices and propose target improvements.

**Concepts and methodologies applied:** We applied a risk-based approach, sensitive to the institution's risk appetite, to make practical trade-offs between cost, risk, and investment. This ensured that our recommendations were contextually appropriate and aligned with the institution's strategic objectives. Our assessment framework was grounded in industry-best practices and standards, tailored to the unique needs and challenges of the academic sector.

**Obstacles encountered and overcoming them:** One of the main obstacles we encountered was resistance to change, a common challenge for institutions with established routines and cultures. To overcome this, we emphasised the importance of cyber hygiene and IT discipline through clear, evidence-based findings and recommendations. We conducted workshops and discussions to engage stakeholders at all levels, highlighting the tangible benefits of enhancing their cyber security posture and demonstrating how our recommendations could be implemented in a manageable manner.

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## Outcomes

**Optimised Cyber Resilience:** The Institution gained deep knowledge of the challenge of managing over tens of thousands of accounts for a community of many fewer staff and students. Our recommendations outlined a robust workflow and identity management system across all of the institution's systems, emphasising the need for multistakeholder cooperation.

**Longevity:** The Leadership were able to agree upon specific changes which would be in place for the next three years. This was based on our clear, actionable recommendations describing implementation plans for changes, such as improving security culture and some operational deliverables associated with SOC efficacy.

**Personnel Readiness:** The security awareness and training of the staff, postgraduate researchers, and students, including specialised training for the Information Security team were enhanced. Our recommendations also enabled improving security posture, such as the adoption of Cloud Access Security Broker (CASB) and Data Leakage Prevention (DLP) solutions, and the development of a quantitative risk forecasting methodology.

**Forward Planning:** New initiatives targeting cyber kill chain strategy areas, and planning disaster recovery tests for ICT systems were created by the Institute. Our recommendations also enabled future improvements, including SOC operational activities.